



TRINITY ACADEMY NEWCASTLE

PSHE/RSE – Intent, Implementation and Impact

Trinity Academy Newcastle – PSHE/RSE

INTENT	IMPLEMENTATION	IMPACT
Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way. To embrace the challenges of creating a happy and successful adult life, pupils will be given the knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. Pupils can also put this knowledge into practice as they develop the capacity to make sound decisions when facing risks, challenges and complex contexts. Everyone faces difficult situations in their lives. PSHE/RSE will support young people to develop resilience, to know how and	We believe it is vital to prepare our students to be 'parents of the future' therefore all year groups will be timetabled short designated lessons per week of PSHE including PSHE curriculum, Votes for schools and learning about British Values. The programme reacts to the local environment and liaises with local agencies to gain a better understanding of the issues that affect our children and young people. We utilise local initiatives and seek resources suitable for our young people. The programme reflects and meets the personal developmental needs of the children and young people. We will; - Have a positive approach which does not attempt to induce shock or guilt but focuses on what children and young people can do to keep themselves and others healthy and safe and to lead happy and fulfilling lives. - Offer a wide variety of teaching and learning styles within PSHE/RSE education, with an emphasis on interactive learning and the teacher as facilitator. - Provide information which is realistic and relevant, and which reinforces positive social norms. - Encourage young people to reflect on their learning and the progress they have made, and to transfer what they have learned to say and to do from one school subject to another, and from school to their lives in the wider community.	All children understand the importance of PSHE, RE, SMSC and British Values and the effects it can have on life in and out of school, this is evident through termly pupil voice and Holistic Learning and PSHE coverage folder monitoring by the curriculum leader. By teaching pupils to stay safe and healthy, and by building self-esteem, resilience and empathy, an effective PSHE programme can tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged pupils. The skills and attributes developed through PSHE education are also shown to increase academic attainment and attendance rates, particularly among pupils eligible for free school

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when to ask for help, and to know where to access support	Recognise that the programme is just one part of what a school can do to help a child to develop the knowledge, skills, attitudes and understanding they need to fulfil their potential. Link the programme to other whole school approaches, to pastoral support, and provide a setting where the responsible choice becomes the easy choice. Encourage staff, families and the wider community to get involved. Embed PSHE/RSE education within other subjects to ensure children and young people have positive relationships with adults, feel valued and where those who are most vulnerable are identified and supported. Provide opportunities for children and young people to make real decisions about their lives, to take part in activities which simulate adult choices and where they can demonstrate their ability to take responsibility for their decisions. Provide a safe and supportive learning environment where children and young people can develop the confidence to ask questions, challenge the information they are offered, draw on their own experience, express their views and opinions and put what they have learned into practice in their own lives	meals, as well as improve employability and boost social mobility. By the time they leave our academy, personal, social and health education (PSHE) enables our learners to become healthy, independent and responsible members of a society. It helps them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. Our curriculum allows pupils to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.